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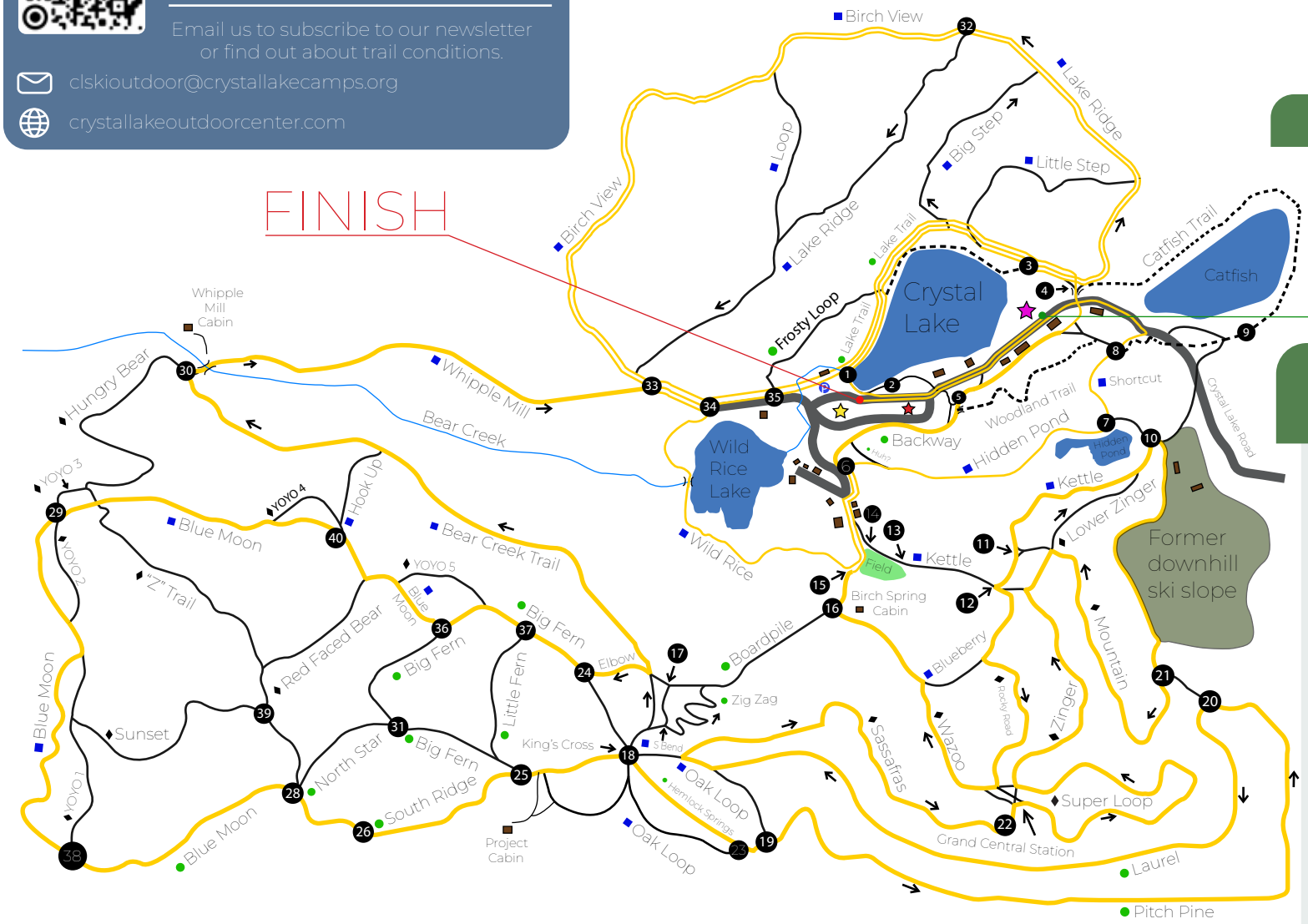
ANNUAL TRAIL RACE
25K ROUTE

Crystal Lake
OUTDOOR CENTER

FINISH

START



Crystal Lake Trail Map

- Easiest
- More Difficult
- Most Difficult
- Bridge
- Building
- One Way Trails
- Intersection Markers
- Snowshoe Only
- Laughlin Lodge and Main Office
- Ski Shop/Longhouse
- Alford Hall

Scale

0 — 1/2 km — 1 km

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Trail system design and construction by John Manifold

Crystal Lake Trail Map

Easiest:

Boardpile	Moderate grade, some turns, wide.
Little Fern	Easy.
Lake Trail	Flat, narrow places, bridge, parallel trail.
Laurel	One way counterclockwise.
North Star	Easy.
Pitch Pine	One way from Oak Loop.
South Ridge	Relatively flat, a short hill.
Zig-Zag	An easy way around “S” Bend.

More Difficult:

Bear Creek	Long grade, steeper at bottom. Bridge. One way down.
Birch View	Gradual grade, scenic.
Blue Moon	Makes a long loop. Best taken from South Ridge to Big Fern. Easiest where it parallels South Ridge. More difficult in sections intersecting Yo Yo.
Blueberry	Rolling up and down. Two way trail.
Big Fern	Bumps, dips.
Hidden Pond	Rolling ups and downs, wide.
Kettle	Steep ups and downs, some turns.
Lake Ridge	Steep at both ends, flat on top of the ridge and Lake Ridge Loop. Birchview end - One way down. Catfish end - One way up.
“S” Bend	One Way down. Uphill skiers follow “up” signs to Elbow.
Little Step	Gradual climb to Lake Ridge.
Big Step	Steeper climb to Lake Ridge. One Way up.
Whipple Mill	Moderate, long grade with turns. One Way up.
Wild Rice	Easier from Whipple Mill Trail.

Most Difficult:

Grand Central Station: Sassafras	One way from Oak Loop. A decent climb before dropping to Grand Central station.
Wazoo	Very steep down hill turn.
Super Loop	One Way counterclockwise. Caution at the “Flume”.
Zinger	One Way down from the “Chute” leaving Grand Central Station.
Lower Zinger	One Way. Steep pitch down after crossing Mountain.
Rocky Road	One Way up. No easy way down from Grand Central Station.
Hungry Bear Mountain	Steep with switch-backs between Whipple Mill and Yo Yo. Steep turns. One Way down.
Red Faced Bear	Steep, turns.
Sunset	Steep, difficult turns.
YoYo	Steep rough places. Goes down, then up. Divided in sections.
“Z” Trail	Steep, sharp turns.